



# Farm Fresh Living.com

healthy recipes from our farm to your family

*Stargazer Perennials Farm and Nursery, Summerville Oregon*

## **Farm Fresh Breakfast Burritos**

Living and working on a farm definitely "works" up an appetite for hearty, sustaining food. Always on the go, this healthy and delicious breakfast burrito is a favorite at our farm.

We use fresh eggs from our own layers, fresh cilantro, sweet onions and red bell peppers from the garden and local organically raised pork for the honey bacon. You can substitute other fresh ingredients from your garden or from your local farmers market.

Serves 2

- 2 10-inch flour tortillas
- 4 large eggs, lightly beaten
- Coarse salt and freshly ground pepper
- 1 tablespoon organic virgin olive oil
- 1/4 cup fresh cilantro leaves
- 1/4 cup shredded Monterey Jack cheese
- 1/2 sweet onion chopped
- 1/2 red bell pepper chopped
- 6 thick honey cured bacon strips - cooked and broken up into bite size pieces
- 1/2 Avocado diced
- Farm Fresh Original Salsa (or other salsa) for garnish

### Directions

Heat olive oil in a skillet over medium high. Add chopped sweet onion, chopped bell peppers and bacon bites. Saute for 1-2 minutes or until onion turns translucent. Whisk eggs in a medium bowl. Season with salt and pepper and add the eggs to the skillet with the other ingredients. Reduce heat to medium. Using a rubber spatula or a flat wooden spoon, push eggs toward the center while tilting skillet to distribute runny parts. Cook to desired consistency. Add cilantro to the egg mixture and cook for 30 seconds.

Heat tortillas in a large skillet, turning frequently until heated through and softened. Set aside.

Divide eggs between tortillas. Top with diced avocados, cheese and salsa to taste. Fold the tortillas over the filling to enclose. Place folded tortilla back in skillet for 5 seconds, turn and serve immediately.

Visit our Stargazer Perennials Farm Family of Websites



[www.stargazerperennials.com](http://www.stargazerperennials.com)



Farm Fresh Living.com

[www.farmfreshliving.com](http://www.farmfreshliving.com)



[www.theflyfishingplace.com](http://www.theflyfishingplace.com)